

# Antioxidants reduce endoplasmic reticulum stress and improve protein secretion

Jyoti D. Malhotra<sup>a</sup>, Hongzhi Miao<sup>b</sup>, Kezhong Zhang<sup>a</sup>, Anna Wolfson<sup>a</sup>, Subramaniam Pennathur<sup>c</sup>, Steven W. Pipe<sup>b</sup>, and Randal J. Kaufman<sup>a,b,d,1</sup>

Departments of <sup>a</sup>Biological Chemistry, <sup>c</sup>Internal Medicine, and <sup>b</sup>Pediatrics, and <sup>d</sup>Howard Hughes Medical Institute, University of Michigan Medical Center, Ann Arbor, MI 48109

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**Protein misfolding in the endoplasmic reticulum (ER) contributes to the pathogenesis of many diseases. Although oxidative stress can disrupt protein folding, how protein misfolding and oxidative stress impact each other has not been explored. We have analyzed expression of coagulation factor VIII (FVIII), the protein deficient in hemophilia A, to elucidate the relationship between protein misfolding and oxidative stress. Newly synthesized FVIII misfolds in the ER lumen, activates the unfolded protein response (UPR), causes oxidative stress, and induces apoptosis in vitro and in vivo in mice. Strikingly, antioxidant treatment reduces UPR activation, oxidative stress, and apoptosis, and increases FVIII secretion in vitro and in vivo. The findings indicate that reactive oxygen species are a signal generated by misfolded protein in the ER that cause UPR activation and cell death. Genetic or chemical intervention to reduce reactive oxygen species improves protein folding and cell survival and may provide an avenue to treat and/or prevent diseases of protein misfolding.**

factor VIII | oxidative stress | unfolded protein response

Although endoplasmic reticulum (ER) stress and oxidative stress are closely linked events, the molecular pathways that couple these processes are poorly understood (1). Reactive oxygen species (ROS) originate during oxygen-using cellular metabolic processes, such as oxidative phosphorylation within mitochondria. The ER provides a unique oxidizing environment for protein folding and disulfide bond formation before transit to the Golgi compartment. During disulfide bond formation ROS are formed as a product of electron transport from thiol groups in proteins through protein disulfide isomerase (PDI) and ER oxidoreductase 1 (ERO1) to reduce molecular oxygen to form the oxidant hydrogen peroxide. It has been suggested that oxidation of cysteine residues during disulfide bond formation in the ER may significantly contribute to oxidative stress (2, 3). The unfolded protein response (UPR) is an adaptive signaling pathway designed to prevent the accumulation of misfolded proteins in the ER lumen. Studies also suggest the UPR is designed to minimize the stress of oxidative protein folding (2). The UPR is signaled through the protein kinases inositol-requiring protein 1 $\alpha$  and PKR-related ER kinase and the activating transcription factor 6 $\alpha$  (4, 5). Chronic unresolved accumulation of unfolded proteins in the ER leads to apoptosis. To elucidate the relationship between unfolded protein accumulation in the ER lumen, oxidative stress, and apoptosis, we have analyzed the secretion of coagulation factor VIII (FVIII), a large glycoprotein that is deficient in the X chromosome-linked bleeding disorder hemophilia A. As FVIII is prone to misfolding in the ER lumen, FVIII expression provides a unique approach to manipulate the ER stress response that does not rely on pharmacological intervention, where any connection between ER stress and ROS would be difficult to dissect.

FVIII is comprised of three domains in the order A1-A2-B-A3-C1-C2 (Fig. 1A). Although the liver produces FVIII, the particular cell type responsible for the majority of FVIII circulating in the plasma has yet to be definitively identified (6, 7). As FVIII is expressed at very low levels in vivo, the requirements for FVIII secretion have been characterized in cultured cells that express heterologous FVIII genes. These studies demonstrated that FVIII forms non-disulfide-bonded high molecular weight aggregates that are retained within the ER through

interaction with the protein chaperones Ig-binding protein (BiP/GRP78), calnexin, and calreticulin (8–11). In addition, FVIII trafficking from ER to the Golgi complex is facilitated through interaction with the lectin LMAN1/MCFD2 complex (12, 13). As FVIII is susceptible to misfolding in the ER, its expression induces transcription of ER stress-response genes through the UPR (14). Here we show that unfolded FVIII accumulation in the ER lumen activates the UPR, causes oxidative stress, and induces apoptosis. Furthermore, antioxidants prevent ER stress-induced oxidative damage, activation of the UPR, and apoptosis, and improve FVIII secretion. The findings demonstrate an unprecedented link by which protein misfolding in the ER and ROS act in concert to activate the UPR and cause cell death. In addition, ROS can cause protein misfolding in the ER and prevent protein secretion.

## Results

**wtFVIII Expression Induces Oxidative Stress and Apoptosis In Vitro.** To analyze the relationship between protein misfolding in the ER and oxidative stress, we analyzed Chinese hamster ovary (CHO)-H9 cells that were engineered for transcriptional induction of wild-type human FVIII (wtFVIII) in response to the addition of sodium butyrate (NaB) to the culture medium (14). In this system, NaB increases the synthesis of wtFVIII mRNA and protein, although the majority of the newly synthesized wtFVIII protein is not secreted from the cell, but rather aggregates in a complex with BiP within the ER lumen (10). Induction of wtFVIII synthesis in these cells causes distention of the ER lumen, a characteristic of ER stress (15), and transcriptional activation of UPR genes (14). TUNEL staining indicated that NaB treatment led to apoptosis in  $\approx 16\%$  of the cells that express wtFVIII (Fig. 1B). NaB did not induce apoptosis in CHO cells that did not express wtFVIII (data not shown). To determine whether accumulation of misfolded wtFVIII in the ER lumen can generate ROS, cells were stained with dichlorofluorescein (DCF), for which fluorescence requires production of the superoxide ion (16). Although DCF fluorescence did increase in control CHO cells upon treatment with NaB, DCF fluorescence dramatically increased more than 100 fold upon induction of wtFVIII expression in CHO-FVIII cells (Fig. 1C).

**Antioxidants Prevent Oxidative Stress and Improve wtFVIII Secretion In Vitro.** To begin to address whether oxidative stress induced by wtFVIII expression interferes with wtFVIII secretion, we asked whether antioxidants can influence wtFVIII secretion. Butylated hydroxyanisole (BHA) is a lipid-soluble antioxidant that has been shown to suppress TNF $\alpha$ -induced cell death (17, 18). Addition of BHA to the medium of CHO-H9 cells at the time of NaB treatment significantly reduced apoptosis (Fig. 1B) and DCF fluorescence observed upon

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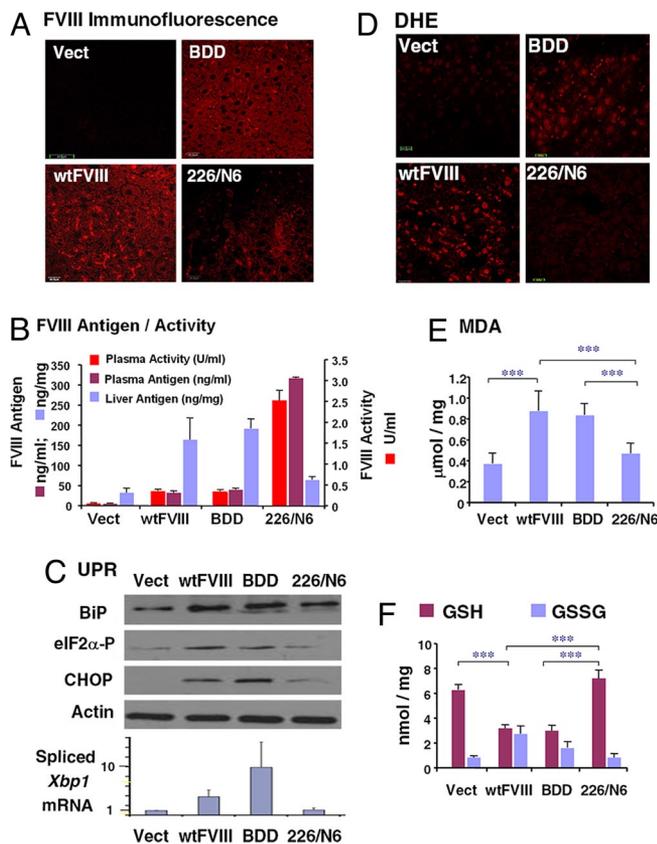
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<sup>1</sup>To whom correspondence should be addressed. E-mail: kaufman@umich.edu.

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**Fig. 2.** FVIII expression induces ER stress, oxidative stress, and apoptosis upon in vivo expression in liver. DNA expression vectors were delivered by tail-vein injection into WT C57BL/6 mice. After 24 h, blood and liver tissues were isolated for analysis. (A) Liver tissue sections were analyzed for immunolocalization of FVIII antigen. (B) FVIII antigen in plasma samples and liver extracts was measured by ELISA. FVIII activity in plasma samples was measured using the COAMATIC assay kit. For activity measurements, the background of murine FVIII activity was subtracted (0.35 U/ml). (C) Western blot analysis of liver tissue for detection of BiP, phospho-eIF2 $\alpha$ , and CHOP. Densitometry indicated that BiP was increased three fold and eIF2 $\alpha$ -P was increased two fold in mice injected with wtFVIII and BDD compared with 226/N6. Spliced *Xbp1* mRNA in liver tissue was measured by real-time RT-PCR. (D) Fresh frozen liver sections were prepared and stained with 2  $\mu$ M dihydroethidine hydrochloride for 30 min at 37  $^{\circ}$ C. Sections were analyzed by fluorescence microscopy. (E) Malondialdehyde was measured in liver homogenates. (F) Liver lysates were analyzed for GSH and GSH and oxidized glutathione content. Data represent the mean and SD from three different animals in B, E, and F.

lumen can generate ROS, leading to oxidative damage. Oxidative stress was monitored by using dihydroethidine staining of liver sections and by direct analysis of lipid peroxidation (malondialdehyde) in liver extracts (Fig. 2D and E). Mice that received either wtFVIII or BDD vectors exhibited increased levels of ROS and lipid peroxidation. The increased ROS was also associated with depletion of intracellular glutathione (GSH) and a corresponding increase in oxidized glutathione (Fig. 2F). In contrast, the increase in oxidation products was not observed in mice that received 226/N6 vector or empty vector.

Because chronic or severe UPR activation can initiate apoptosis, we studied whether expression of poorly secreted FVIII causes apoptosis in the liver. TUNEL staining indicated a large percentage of apoptotic cells in mice injected with wtFVIII or BDD vectors, but not in mice injected with 226/N6 vector or empty vector (Fig. 3A and Fig. S2D). The results from TUNEL were also consistent with analysis of hematoxylin and eosin-stained liver sections (Fig. S2A and B).

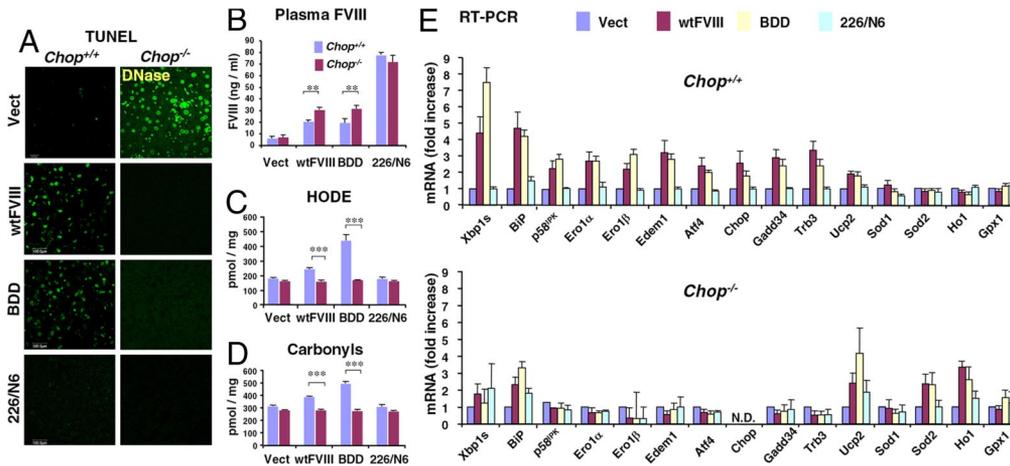
**Chop Deletion Protects from Oxidative Stress and Apoptosis upon wtFVIII and BDD Expression.** As the ER stress-induced apoptotic cell death pathway is, at least in part, mediated through CHOP (21, 22), and

CHOP has been implicated in ROS production (23–25), we asked whether CHOP is required for apoptosis and ROS production in response to FVIII expression. Compared with *Chop*<sup>+/+</sup> mice injected with wtFVIII or BDD vectors, apoptosis was significantly reduced in livers from *Chop*<sup>-/-</sup> mice that were injected with these vectors (Fig. 3A and Fig. S2D). The plasma levels of wtFVIII and BDD expressed in *Chop*<sup>-/-</sup> mice were modestly but significantly increased compared with those in *Chop*<sup>+/+</sup> mice (Fig. 3B). In contrast, the plasma levels of 226/N6 were not significantly affected by *Chop* deletion. Whereas expression of wtFVIII or BDD significantly increased lipid peroxidation (hydroxyoctadecadienoic acid [HODE]) and protein oxidation (i.e., carbonyls)—sensitive and quantitative markers of ROS production—in the livers of *Chop*<sup>+/+</sup> mice, these oxidation products were not increased in *Chop*<sup>-/-</sup> mice (Fig. 3C and D). In addition, in contrast to *Chop*<sup>+/+</sup> mice, GSH depletion was not observed in *Chop*<sup>-/-</sup> mice that received wtFVIII or BDD vector (Fig. S3). From these findings we conclude that both oxidative stress and the apoptotic response to wtFVIII or BDD expression requires CHOP.

To provide insight into the mechanism by which *Chop* deletion protects hepatocytes from apoptosis upon wtFVIII or BDD expression, we analyzed gene expression by real-time RT-PCR. In *Chop*<sup>+/+</sup> mice, expression of wtFVIII or BDD, but not 226/N6, induced expression of UPR adaptive functions including BiP, p58<sup>IPK</sup>, the ER degradation-enhancing mannosidase-like protein EDEM1 (*Edem1*), spliced *Xbp1* mRNA, and *Atf4* (Fig. 3E). The expression levels of proapoptotic genes downstream of CHOP, *Gadd34*, and *Trb3*, were also induced upon wtFVIII or BDD expression. In contrast, the induction of these genes was significantly attenuated in *Chop*-null mice that were injected with the wtFVIII or BDD vectors (Fig. 3E). In addition, whereas the expression of ER oxidases 1 $\alpha$  and 1 $\beta$  (*Ero1 $\alpha$ / $\beta$* ) promote oxidation in the ER) was increased in *Chop*<sup>+/+</sup> mice injected with wtFVIII or BDD vectors, the expression of these genes was not induced in *Chop*<sup>-/-</sup> mice. Western blot analysis of liver extracts from *Chop*<sup>-/-</sup> mice demonstrated that *Chop* deletion also attenuated UPR activation at the protein level (Fig. S4). The gene expression analysis also indicated the expression levels of some genes encoding an antioxidant response (uncoupling protein 2 [*Ucp2*] and superoxide dismutase 2 [*Sod2*]) were elevated in the *Chop*<sup>-/-</sup> mice that were injected with wtFVIII or BDD vectors (Fig. 3E). These results demonstrate that expression of either wtFVIII or BDD, but not 226/N6, induce the UPR, apoptosis, and oxidative stress in a manner that requires CHOP.

**Antioxidant Treatment Attenuates UPR Activation and Apoptosis upon wtFVIII and BDD Expression.** To test the requirement for oxidative stress for the UPR and apoptotic response, we analyzed the effect of antioxidant treatment. WT mice were fed chow supplemented with BHA for 4 days before DNA delivery. BHA feeding dramatically reduced apoptosis (Fig. 4A), reduced glutathione depletion (Fig. 4B), and reduced the accumulation of oxidized proteins and lipids (Fig. 4C) upon expression of wtFVIII or BDD. BHA feeding had no effect on these parameters in mice that received the 226/N6 vector or empty vector. mRNA expression analysis demonstrated that expression of wtFVIII or BDD induced the UPR, as previously observed in *Chop*<sup>+/+</sup> mice (Fig. 3E vs. Fig. 4D). In contrast, BHA feeding attenuated UPR activation of genes encoding adaptive, as well as apoptotic, functions, upon delivery of wtFVIII or BDD vectors (Fig. 4D). Western blot analysis indicated that BHA feeding also suppressed UPR activation at the protein level (Fig. S4). Interestingly, BHA feeding also increased expression of the antioxidative stress response genes *Ucp2* and *Sod2* in a manner similar to the effect of *Chop* deletion, suggesting that antioxidant treatment and *Chop* deletion may act through a common mechanism to improve hepatocyte function.

**Antioxidant Treatment Improves wtFVIII and BDD Secretion In Vivo.** Significantly, analysis of FVIII antigen demonstrated that BHA feeding reduced intracellular accumulation of wtFVIII and BDD in the liver, and this correlated with increased secretion into the plasma, by eight fold and three fold, respectively (Fig. 5A). BHA increased wtFVIII and



**Fig. 3.** *Chop* deletion attenuates the UPR, apoptosis, and oxidative damage upon wtFVIII and BDD expression. *Chop*<sup>+/+</sup> and *Chop*<sup>-/-</sup> mice were injected with empty vector or vector containing wtFVIII, BDD, or 226/N6. Liver tissue and plasma samples were isolated after 24 h for analysis. (A) Representative images from TUNEL staining of liver sections are shown. (B) Blood was collected by retro-orbital bleed and analyzed by anti-human FVIII ELISA ( $n = 3$ ). (C and D) Protein oxidation (i.e., carbonyls) and lipid peroxidation (i.e., HODEs) in liver extracts were measured as described in *SI Materials and Methods*. (E) Total RNA was isolated from livers of *Chop*<sup>+/+</sup> and *Chop*<sup>-/-</sup> mice injected with empty vector, wtFVIII, BDD, or 226/N6 and analyzed by quantitative real-time RT-PCR using specific primers (Table S1). Values represent the mean of three mice injected with each DNA vector. The values were normalized to 18S rRNA and expressed as induction in fold relative to empty vector.

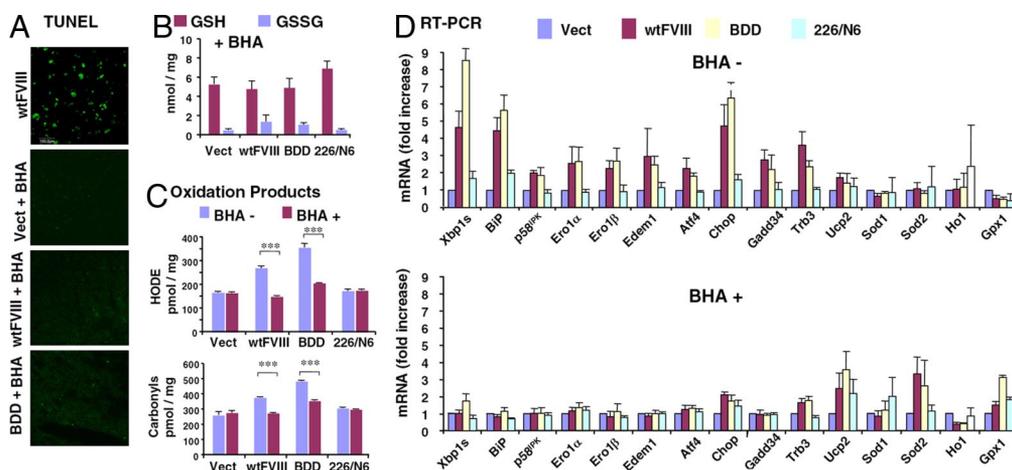
BDD secretion in WT mice (data not shown), as well as hemophilia A *Fviii*<sup>-/-</sup> mice (Fig. 5A). The increase in FVIII antigen was proportional to the increase in FVIII activity (data not shown), suggesting that the secreted FVIII was folded properly. In contrast, BHA feeding did not have a significant effect on secretion of the well secreted 226/N6 molecule. In addition, injection of mice with the superoxide dismutase mimetic Mn (iii)tetrakis(4-benzoic acid) porphyrin (MnTBAP) also improved BDD secretion and attenuated both UPR induction and apoptosis (Fig. S5A-C). We also extended these observations to another model of gene delivery by using helper-dependent adenovirus delivery (26). Upon adenovirus delivery, BHA feeding improved the secretion of BDD (Fig. S6).

As antioxidant treatment improved secretion of wtFVIII and BDD, we asked whether BHA feeding could increase the secretion of a FVIII molecule having a missense mutation Arg593Cys (R593C) that causes protein misfolding and retention within the ER (27). This common mutation has been identified in patients with mild hemophilia A characterized by reductions in both FVIII antigen and activity. BHA feeding attenuated apoptosis and UPR gene induction observed upon

expression of R593C-BDD (Fig. 5B and D). BHA feeding preferentially increased the secretion of the folding-defective R593C-BDD mutant compared with BDD (Fig. 5C). The findings show that reduction in ROS can increase secretion of proteins prone to misfolding in an animal model in vivo.

### Discussion

Our findings show that accumulation of unfolded protein in the ER lumen is sufficient to produce ROS and that both ROS and unfolded protein are required in concert to activate the UPR and apoptosis. The findings suggest that unfolded protein in the ER lumen signals ROS production as a second messenger to activate the UPR and induce apoptosis (Fig. 5E). Although it is not presently known how protein misfolding in the ER may generate ROS, several possible mechanisms exist. First, misfolded proteins bind protein chaperones, such as BiP, that consume ATP that may stimulate mitochondrial oxidative phosphorylation to produce ROS as a byproduct. Second, ROS may be produced as a consequence of disulfide bond formation in the ER during the transfer of electrons from thiol groups in folding substrates



**Fig. 4.** BHA feeding suppresses oxidative stress and apoptosis and improves wtFVIII and BDD secretion in vivo. WT (A-C and E) or hemophilia A *Fviii*<sup>-/-</sup> (D) mice were fed with normal chow or chow supplemented with BHA for 4 days and then DNA expression vectors were injected into the tail vein. After 24 h, plasma and liver samples were harvested: (A) TUNEL, (B) glutathione, (C) HODEs and carbonyls, and (D) real-time RT-PCR. Expression values were normalized to 18S rRNA and the fold induction is expressed relative to empty vector. B-D depict three independent mice.



evidence that supports the idea that antioxidants and diet modification can alleviate oxidative stress and prove beneficial in these diverse disease states (18, 45, 46). In particular, antioxidants can reduce insulin resistance in animal models (47, 48). Recent studies suggest that protein misfolding in the ER may also lead to insulin resistance (49). In support of this idea, chemical chaperones 4-phenyl butyric acid and tauroursodeoxycholic acid, which are thought to improve protein folding, increased insulin sensitivity (49). It is possible that these chaperones may act to improve ER protein folding through their antioxidant properties.

Traditional therapy for hemophilia A involves protein replacement with plasma-derived and, more recently, recombinant-derived FVIII. However, this costly approach is hampered by development of anti-FVIII inhibitory antibodies, limited supply, potential for pathogen transmission, and poor access to the venous circulation. FVIII gene transfer offers one potential solution to these problems. As the B domain is not required for functional FVIII activity, most gene therapy strategies use B domain-deleted FVIII, similar to the BDD we have described here. Unfortunately, to date, clinical studies using retroviral-mediated and adenoviral-mediated delivery of FVIII have not produced therapeutic levels of FVIII in the plasma (50, 51). A limited study with adenovirus suggests hemophilia gene therapy may be limited by inflammatory responses associated with administration of recombinant adenovirus (50). The ROS produced as a consequence of FVIII misfolding may exacerbate inflammatory responses, as well as stimulate production of anti-FVIII antibodies. We have shown that BHA feeding prevents apoptosis, suppresses ER stress, and increases the secretion of

FVIII delivered by adenovirus, as well as a folding-defective functional FVIII mutant R593C that is known to cause hemophilia A (27). Therefore, antioxidants may provide a useful adjuvant to improve FVIII production in patients who receive gene therapy or who have mutations that disrupt FVIII folding. These findings should also encourage the evaluation of antioxidant treatment to improve folding of different substrates and in different diseases associated with protein misfolding.

## Methods

**Mice.** Male C57BL/6 mice were purchased from Jackson Laboratory. Control and *Fviii*<sup>-/-</sup> (exon 16 deletion) mice in a C57BL/6 background at 6 to 8 weeks were housed under pathogen-free conditions at the University of Michigan Laboratory Animal Medicine facility. *Chop*<sup>+/+</sup> and *Chop*<sup>-/-</sup> mice (21) were kindly provided by David Ron (New York, NY) and bred into a C57BL/6 background. The University Committee on the Use and Care of Animals approved animal protocols.

**Hydrodynamic Tail Vein Injections.** The expression vectors for wtFVIII, BDD, and 226/N6 were previously described (20). Vectors for FVIII-BDD and R593C-BDD were kindly provided by J. Voorberg (Amsterdam, The Netherlands) (27). Plasmid DNA samples (100 µg) were diluted in 2.5 ml lactated Ringer buffer and infused over 10 sec into the tail vein. Retro-orbital blood collection was performed at 24 h after injection for measure of FVIII activity and antigen in the plasma (20).

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